

January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 10:00 Decision Making - Cass 1:00 Oral Health & Teething - Cass	3 10:00 Car Seat Safety - Megan 1:00 The Importance of Words - Hilary Gil
6 10:00 Post Partum Depression – Cass 1:00 Caring for Yourself - Cass	7 9:00 Spanish Bible Study 10:00 CPR - Cass 12:00 English Bible Study 1:00 Texas Health Steps – Marie	8 No Class Today	9 10:00 Birth Academy 1 & 2 – RN Daphne 12:00 Bible Study – Amy 1:00 I Can Do It by Myself – Cass	10 10:00 Morning and Bedtime Routines – Cass 1:00 Potty Training - Cass
13 10:00 Mom Life 1:00 Safety Starts at Home – Cassandra	14 9:00 Spanish Bible Study 10:00 Personal Hygiene - Cass 12:00 English Bible Study 1:00 FOunda – Shelly Matthews	15 SCAN TO SIGN UP FOR OUR CLASS NEWSLETTER 	16 10:00 Simple Infant Care – Nurse Elizabeth 12:00 Bible Study - Amy 1:00 Toddler Play - Hilary Gil 6pm Fatherhood - Kyle	17 10:00 MCC and GED – Brian Jackson 1:00 Building Families: Embracing Adoption and Foster Care – Nightlight Adoptions
20 10:00 Bonding w/ Your Baby - Cass 1:00 Breastfeeding Basics - Priscilla	21 9:00 Spanish Bible Study 10:00 Quality Childcare - Cass 12:00 English Bible Study 1:30 Natural Family Planning – Dr. Macik	22 No Class Today	23 10:00 Birth Academy 4 & 5 – RN Daphne 12:00 Bible Study – Amy 1:00 Etiquette 101- Lois	24 10:00 Superior Health Plan Benefits – Miguel 1:00 Home Health - Cass
27 10:00 Mom Life 1:00 SIDS and SBS - Cass	28 10:00 Illnesses and Immunizations- Joronda 1:00 Financial Emergencies - Shelli	29 No Class Today	30 10:00 Courageous Conflict - Cass 1:00 Embracing Adoption and Foster Care – Nightlight Adoptions 6pm – Spa Party rsvp only	31 10:00 Grilling with the Guys - Carter 1:00 Crafting with Case Managers – New Year, New Me! (RSVP limited spots available call front desk 254-772-8270)