


## December 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>10:00 Co-Parenting #1 (Stable Parent, Stable Home) – Shelly</p> <p>1:00 Simple Infant Care - Cass</p>	<p>3</p> <p><b>No Spanish Bible Study</b></p> <p>10:00 Perinatal Mental Health – Nurse Emily</p> <p><b>12:00 Bible Study</b></p> <p>1:00 Texas Health Steps and Benefits for Pregnant Women - Marie</p>	<p>4</p> <p style="text-align: center;">No Classes Today</p>	<p>5</p> <p>10:00 Embracing Adoption and Foster Care – Lindsay</p> <p><b>12:00 Bible Study- Amy</b></p> <p>1:00 CPR and Toddler Safety - Cass</p>	<p>6</p> <p>10:00 Superior Health – Miguel</p> <p>1:00 Safety Starts at Home - Cass</p>
<p>9</p> <p><b>10:00 Mom Life</b></p> <p>1:00 Breastfeeding: Problems and Solutions - Priscilla</p>	<p>10</p> <p><b>9:00 Spanish Bible Study</b></p> <p>10:00 Car Seat Safety - Megan</p> <p><b>12:00 Bible Study – Amy</b></p> <p>1:00 Fighting the Impulse to Spend &amp; Credit Scores – Shelli</p>	<p>11</p> <p style="text-align: center;">SCAN TO SIGN UP FOR OUR CLASS NEWSLETTER</p> 	<p>12</p> <p>10:00 3<sup>rd</sup> Trimester The final Stretch – RN Daphne</p> <p><b>12:00 Bible Study - Amy</b></p> <p>1:00 Getting Your Child to Eat – Cass</p> <p><b>6pm The Prodigal Son - Redeemer</b></p>	<p>13</p> <p>10:00 Co-Parenting #2 (Critical Issues) - Shelly</p> <p>1:00 SIDS &amp; SBS – Cass</p>
<p>16</p> <p><b>10:00 Mom Life</b></p> <p>1:00 Parenting Neurodivergent Children – Hilary</p>	<p>17</p> <p><b>9:00 Spanish Bible Study</b></p> <p>10:00 Labor Expectations &amp; C-Sections – RN Daphne</p> <p><b>12:00 Bible Study - Amy</b></p> <p>1:30 Natural Family Planning – Dr. Macik</p>	<p>18</p> <p style="text-align: center;"><b>Fatherhood!</b></p> <p><b>10:00 Grilling with the Guys - Carter</b></p> <p style="text-align: center;">RSVP 254-772-8270 (spots limited)</p>	<p>19</p> <p>10:00 Illnesses and Immunizations - Joronda</p> <p><b>12:00 Bible Study - Amy</b></p> <p>1:00 Christmas Luncheon – Lois</p> <p style="text-align: center;">RSVP 254-772-8270 (spots limited)</p>	<p>20</p> <p>10:00 Co-Parenting #3 (Beyond Child Support) – Shelly</p> <p>1:00 Christmas Crafting – Care Net Case Managers</p> <p style="text-align: center;">RSVP 254-772-8270 (spots limited)</p>
<p>23</p> <p style="text-align: center;">Care Net is Closed For Christmas 😊</p>	<p>24</p> <p style="text-align: center;">Care Net is Closed For Christmas 😊</p>	<p>25</p> <p style="text-align: center;">Care Net is Closed For Christmas 😊</p>	<p>26</p> <p style="text-align: center;">Care Net is Closed For Christmas 😊</p>	<p>27</p> <p style="text-align: center;">Care Net is Closed For Christmas 😊</p>
<p>30</p> <p style="text-align: center;">Care Net is Closed For Christmas 😊</p>	<p>31</p> <p style="text-align: center;">Care Net is Closed For Christmas 😊</p>			



Pregnancy Center of Central Texas

800 W Waco Drive  
Waco, TX 76701  
254-772-8270

Childcare is provided for biological children 6 years and under.  
All Classes offered in person.

BLUE – RSVP  
PINK – Spiritual  
GREEN – Men’s Class

CATEGORY	CLASS & DATE	CATEGORY	CLASS & DATE
PREGNANCY & CHILDBIRTH	12/3 Perinatal Mental Health 12/12 3 <sup>rd</sup> Trimester: The Final Stretch 1 12/17 Labor Expectations and C-Sections	NUTRITION	12/12 Getting your Child to Eat 12/18 Grilling with the Guys (Men only) (RSVP only)
ILLNESS & IMMUNIZATIONS	12/19 Illnesses and Immunizations	INFANT CARE	12/2 Simple Infant Care
POSTPARTUM	12/3 Perinatal Mental Health 12/17 Labor Expectations and C-Sections	CPR	12/5 CPR and Toddler Safety
SAFETY STARTS AT HOME	12/6 Safety Starts at Home	CAR SEAT SAFETY	12/10 Car Seat Safety
BREASTFEEDING	12/16 Breastfeeding: Problems and Solutions	PARENTING	12/2 Co-Parenting #1 (Stable Parent, Stable Home) 12/13 Co-Parenting #2 (Critical Issues) 12/20 Co-Parenting #3 (Beyond Child Support) 12/20 Christmas Crafting (RSVP only)
CHILD DEVELOPMENT	12/16 Parenting Neurodivergent Children	FREE CHOICE	12/5 Embracing Adoption and Foster Care
SIDS / SBS	12/13 SIDS & SBS	LIFE SKILLS	12/3 – Texas Health Steps & Benefits for Pregnant Women 12/6 Superior Health Plan 12/10 Fighting the Impulse to Spend and Credit Scores 12/17 Natural Family Planning 12/19 Christmas Luncheon (RSVP only)